

**2019 MID PENN PLUNGE - 2/15/2019 to 2/16/2019****Hosted by Northern High School****www.midpennchamp.com****Session Report**

Session: 1 Mid Penn Plunge - DAY 1

Day of Meet: 1 Starts at 05:30 PM Heat Interval: 40 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	1 Women 200 Medley Relay	26	5	05:30 PM	_____
Finals	2 Men 200 Medley Relay	16	3	05:48 PM	_____
Finals	3 Women 200 Freestyle	33	6	05:58 PM	_____
Finals	4 Men 200 Freestyle	20	4	06:19 PM	_____
Finals	5 Women 200 IM	21	4	06:32 PM	_____
Finals	6 Men 200 IM	12	2	06:47 PM	_____
Finals	7 Women 50 Freestyle	122	21	06:54 PM	_____
Finals	8 Men 50 Freestyle	86	15	07:20 PM	_____
	Swimmers Counts for Warm-ups: 315	=====	=====		
	Entry / Heat Totals:	336	60		
	Finish Time			07:38 PM	_____

Session: 2 Mid Penn Plunge - DAY 2

Day of Meet: 2 Starts at 10:00 AM Heat Interval: 40 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	9 Women 100 Butterfly	28	5	10:00 AM	_____
Finals	10 Men 100 Butterfly	19	4	10:11 AM	_____
Finals	11 Women 200 Freestyle Relay	35	6	10:18 AM	_____
Finals	12 Men 200 Freestyle Relay	21	4	10:36 AM	_____
Finals	13 Women 100 Freestyle	95	16	10:47 AM	_____
Finals	14 Men 100 Freestyle	61	11	11:18 AM	_____
	Break: 22 Minutes:				
Finals	15 Women 500 Freestyle	28	5	12:00 PM	_____
Finals	16 Men 500 Freestyle	12	2	12:40 PM	_____
Finals	17 Women 100 Backstroke	50	9	12:55 PM	_____
Finals	18 Men 100 Backstroke	26	5	01:17 PM	_____
	Break: 22 Minutes:				
Finals	19 Women 100 Breaststroke	47	8	01:51 PM	_____
Finals	20 Men 100 Breaststroke	35	6	02:09 PM	_____
Finals	21 Women 400 Freestyle Relay	20	4	02:22 PM	_____
Finals	22 Men 400 Freestyle Relay	13	3	02:44 PM	_____
	Break: 20 Minutes:				
	Swimmers Counts for Warm-ups: 342	=====	=====		
	Entry / Heat Totals:	490	88		
	Finish Time			03:19 PM	_____